

Directions



This 5.6 mile circular walk partly follows the King Charles III Coast Path – a 2,700-mile National Trail around the coastline of England.

- Start:** Village Green, Burgh-by-Sands.
- Distance:** 5.6 miles/9 km
- Grade:** Easy, mainly level. Uneven and muddy in places.
- OS Map No:** 315, 1:25 000 scale.
- Refreshments:** Greyhound Inn, Burgh-by-Sands.
- Toilets:** Portaloo on village green, Burgh-by-Sands.
- Dog walkers:** Dogs should be under close control and always on a lead around farm animals. Please bag, take away and bin your dog's poo.
- Tides:** Part of this walk is liable to flooding, so please check the tide times and the weather before you embark on this walk.

From the start point, turn right onto the main road. At the crossroads, turn left and follow the sign for the Edward I monument. After 0.6 miles (1 km) fork left down a short track to a bench overlooking the Solway. Take the track on the right down to a kissing gate. The monument is now ahead and to your left. From the monument, retrace your steps and follow the path next to the hedgerow towards Old Sandsfield. Pass in front of the farm and take the footpath along the riverbank to a track signposted Burgh. Turn right and continue through Holmesmill Farm to the road. Turn left along the road to a T-junction. Turn left and continue to a right-hand bend in the road. On the corner, take the footpath and follow the waymarked King Charles III England Coast Path. After 2 miles (3 km), the footpath becomes a track that takes you into Beaumont. After viewing the church, return to the village green, turn left and left again at the sign for Hadrian's Wall National Trail. Follow the waymarked trail in a westerly direction to the road. Turn right along the road and return to Burgh-by-Sands.



Hadrian's Wall Path near Beaumont

Remember the Countryside Code

Respect other people:

- Consider the local community and other people enjoying the outdoors
- Leave gates and property as you find them and follow paths unless wider access is available

Protect the natural environment:

- Leave no trace of your visit and take your litter home
- Keep dogs under effective control

Enjoy the outdoors:

- Plan ahead and be prepared

Please note this is a suggested walking route. Solway Coast National Landscape is not responsible for issues arising as a result of conditions on the footpaths and roads.



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Images © Anna Gray



Department
for Environment
Food & Rural Affairs



**Cumberland
Council**

All information correct at time of going to press.

Burgh-by-Sands & the River Eden

A self-guided walk in the
Solway Coast National Landscape



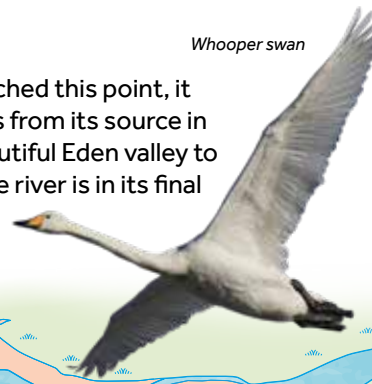
**Solway Coast
National
Landscape**

Transport yourself back in time on this evocative walk from Burgh-by-Sands. Stride out to where King Edward I died in 1307. Watch the River Eden flow by before emptying into the Solway Firth. At Beaumont, discover a church built on top of a Roman turret and follow the line of Hadrian's Wall back to Burgh-by-Sands to explore an unusual defensive church.

River Eden

By the time the river has reached this point, it has flowed for some 90 miles from its source in Mallerstang through the beautiful Eden valley to Carlisle and beyond. Here the river is in its final stage before it reaches the Solway Firth.

Whooper swan



Clay Dabbins

With a shortage of suitable building stone, people living on the Solway used local materials such as clay, cobbles, timber and reed thatch to build their homes. A pair of cruck timbers resting on a low cobble plinth provided the frame, with an infill of clay and straw forming the thick walls.



Edna's Cottage, Burgh-by-Sands



Edward I Monument

King Edward I Monument

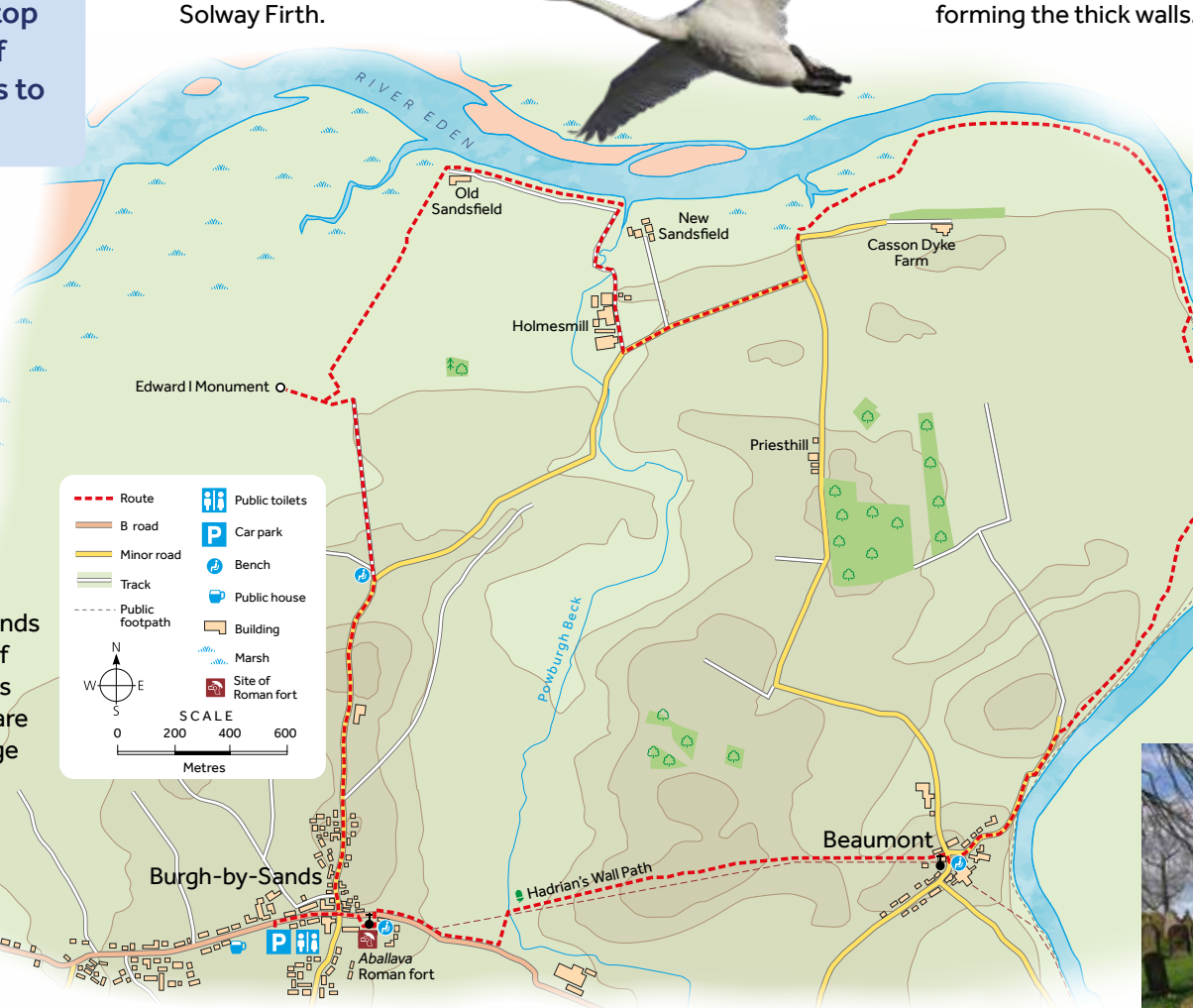
On 7 July 1307, Edward I set off from Burgh-by-Sands to cross the Solway Estuary to Scotland but died of dysentery on the way. A monument to the king was erected on the spot. Surrounding the monument are the undulating remains of 'fossilised' medieval ridge and furrow farming strips.



St Michael's Church, Burgh-by-Sands

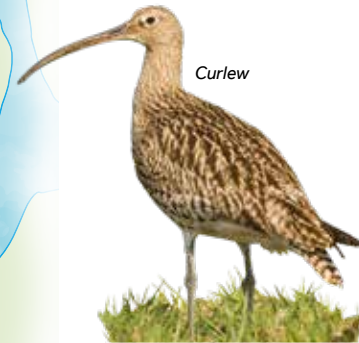
St Michael's Church, Burgh-by-Sands

Erected within the Roman fort of *Aballava*, this church was built to defend its congregation from Scottish raids. The 14th C bell tower doubled up as a place of refuge. Thick walls, deep bar holes and an iron-clad 'yatt' to access the tower were all designed to resist an attack.



Hadrian's Wall

From Beaumont to Burgh-by-Sands, you are walking along the line of Hadrian's Wall – a 73-mile-long frontier that stretched from Bowness-on-Solway in the west to Wallsend in the east. Every Roman mile, a small fort called a milecastle abutted the Wall. Milecastle 71 was approximately halfway between the two villages (though it cannot be seen today) with turrets on either side, one of which was at Beaumont.



Curlew

St Mary's Church, Beaumont



Beaumont

A small village clustered around a church on a prominent hill. St Mary's Church occupies the site of a Norman motte, which was built on top of a Roman turret that defended this section of Hadrian's Wall. The name 'Beaumont' comes from Norman French and means 'beautiful hill'.