

Directions



Start:	Silloth Car Park on Skinburness Rd.
Distance:	4.3 miles/6.9 km
Grade:	Easy. Generally level on roads and firm surfaces; some walking on shingle and sand.
OS Map No:	314, 1:25 000 scale.
Refreshments:	Numerous cafés, pubs and shops in Silloth.
Toilets:	The Green (opposite church).
Dog walkers:	Keep your dog on a lead and under control during the bird breeding season. Please bag and bin your dog's poo.
Tides:	This area is liable to flooding, so please check the tide times and the weather before you embark on this walk.

Follow the promenade northwards to the East Cote Leading Light.

Continue to Skinburness, where the footpath deviates left towards the coast. Continue walking through shingle and grassland to the end of Grune Point.

Return on the eastern side of the spit of land until you meet a road. This is at one end of a medieval sea dyke – a barrier erected by the monks of Holme Cultram Abbey to prevent flooding by the sea.

Continue straight over and follow the footpath south to East Cote Farm where you rejoin the road back to Silloth.

Skinburness from the sea dyke



Grune Point



Remember the Countryside Code

Respect other people:

- Consider the local community and other people enjoying the outdoors
- Leave gates and property as you find them and follow paths unless wider access is available

Protect the natural environment:

- Leave no trace of your visit and take your litter home
- Keep dogs under effective control

Enjoy the outdoors:

- Plan ahead and be prepared

Please note this is a suggested walking route. Solway Coast National Landscape is not responsible for issues arising as a result of conditions on the footpaths and roads.



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**Solway Coast
National
Landscape**

*Front cover:
Aerial view of Grune Point.
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for Environment
Food & Rural Affairs



**Cumberland
Council**

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Grune Point Circular

A self-guided walk in the
Solway Coast National Landscape



**Solway Coast
National
Landscape**

The shingle spit of land that juts into Moricambe Bay is known as Grune Point – an important site for ground-nesting birds. Starting from Silloth, this circular walk follows the coast to Skinburness before looping around the point and returning via East Cote Farm.



The promenade at Silloth

Silloth

Once the railway was established from Carlisle to Silloth in 1854, work began on laying out a gracious seaside town on a grid pattern. Today the town is a fine example of Victorian planning with wide tree-lined streets, elegant Italianate buildings overlooking the Green and a pleasant promenade along the sea front.

The name Silloth is derived from 'sea laithe' – a barn for storing grain that would have been used by the monks of Holme Cultram Abbey.

East Cote Leading Light

One of two leading lights that once guided ships into the harbour at Silloth. It was mounted on a short rail track so that the light could be repositioned if the sea channel shifted its course. It was built in 1864, withdrawn from service in 1959 and later rebuilt in its original form in 1997.

East Cote Leading Light



Skinburness

Around 1150, the monks of Holme Cultram established a small port at Skinburness to export their wool, grain, timber, leather, salt and other goods. By 1300, Edward I was using the port as a supply base for his Scottish military campaigns. A year later, Skinburness was granted the right to hold a weekly market and an annual fair. The town was becoming prosperous, but it was not to last. Around 1304, a violent storm breached the sea dyke and devastated the port and its town. Many of the inhabitants relocated to a 'new town' at Arlosh now known as Newton Arlosh.



Skinburness



Ringed Plover

Grune Point

The Grune is a narrow neck of land made up of scrub, grass, gorse and hawthorn. The western edge faces the sea, whilst the inner side protects an area of saltmarshes, creeks and mudflats that are a haven for waders and over-wintering birds.

You may spot the remains of a machine-gun pillbox, which was constructed during World War Two to defend the sea channels of the Solway Firth.



In spring and summer, some birds such as oystercatchers and ringed plovers nest on the ground. Please be careful not to tread on their nests or disturb the parent birds.

