

Information

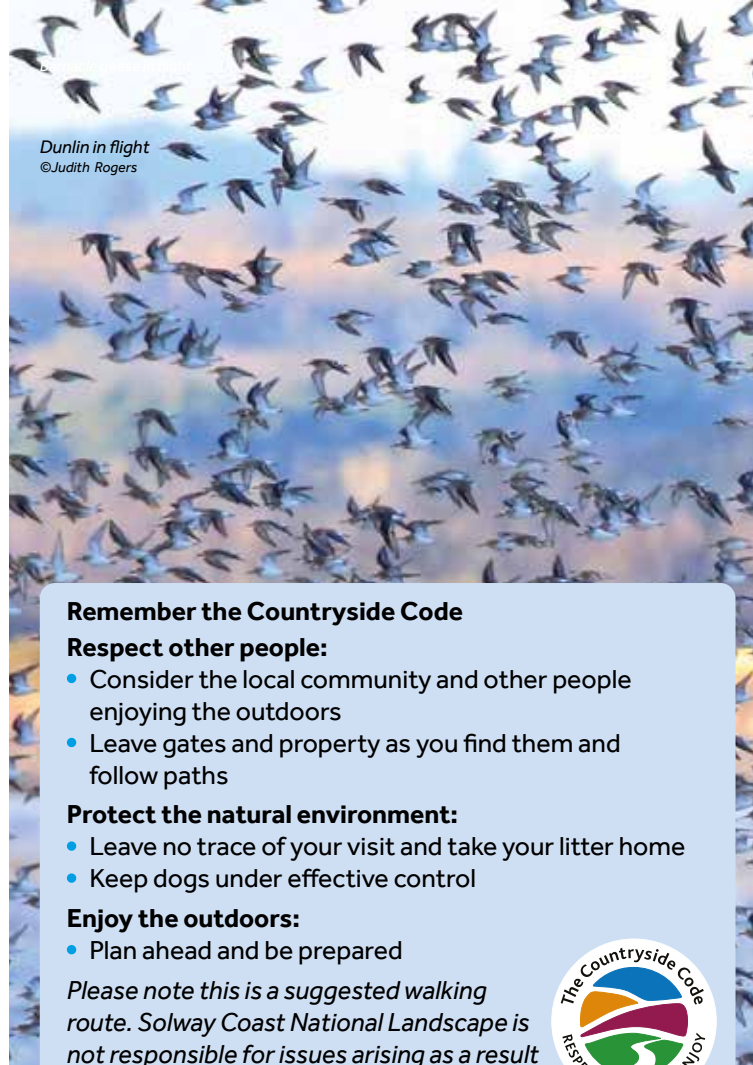


- The **Solway Wetlands Visitor Centre** has displays on the biodiversity of the reserve and its importance for wildlife and managing climate change. Open daily from 10.00 to 16.00, with self-service tea and coffee facilities.
- Outdoor discovery zone for children to play and explore! Delve into underwater life with our pond dipping platform or explore our bug hotel and see what you can find.
- Parking area next to the visitor centre.
- Disabled toilet on site (with baby changing facilities).
- Cyclists are welcome, with bike racks provided.
- Dogs are welcome but must remain on the public rights of way and be kept on a lead at all times.
- A ½ mile surfaced footpath leads up to the main viewing points from the car park.



© Laura East

Dunlin in flight
©Judith Rogers



Remember the Countryside Code

Respect other people:

- Consider the local community and other people enjoying the outdoors
- Leave gates and property as you find them and follow paths

Protect the natural environment:

- Leave no trace of your visit and take your litter home
- Keep dogs under effective control

Enjoy the outdoors:

- Plan ahead and be prepared

Please note this is a suggested walking route. Solway Coast National Landscape is not responsible for issues arising as a result of conditions on the footpaths and roads.



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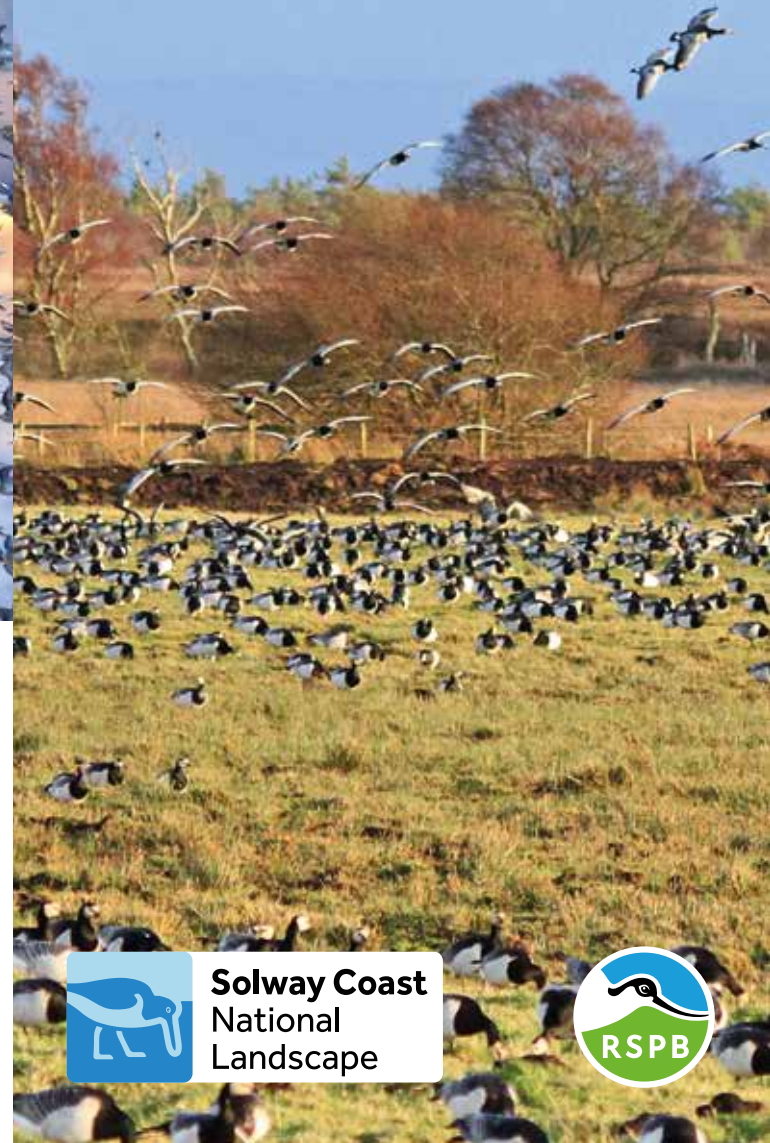
Design and map production: www.lathwellcreative.com
Research and copy: www.annagray.co.uk
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All information correct at time of going to press.

Campfield Marsh RSPB Reserve

Self-guided walks in the
Solway Coast National Landscape



Front cover:
Barnacle geese
©Judith Rogers



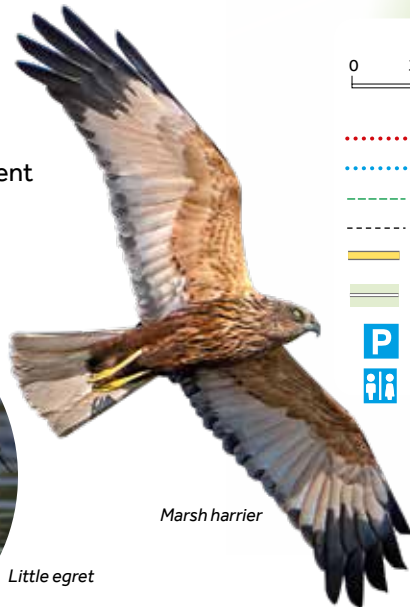
One of the most important habitats for wetland birds in the UK. The reserve is made up of a kaleidoscope of habitats – freshwater lagoons, scrapes, wet grasslands, raised mires, salt marsh, mudflats and 2 miles (3.5 km) of estuarine foreshore – that act as a magnet for thousands of birds.

From October to March, the reserve is literally awash with birdlife. Huge skeins of geese passing overhead to their winter feeding grounds are a common sight. Winter visitors include pink-footed, greylag and barnacle geese as well as redshank, dunlin and curlew.



Solway Wetlands Centre at Campfield Marsh RSPB Reserve

In recent years, a nesting platform has been built to encourage ospreys to breed at the reserve. Marsh harriers are resident all year round, and little egrets are now a common sight.



Marsh harrier

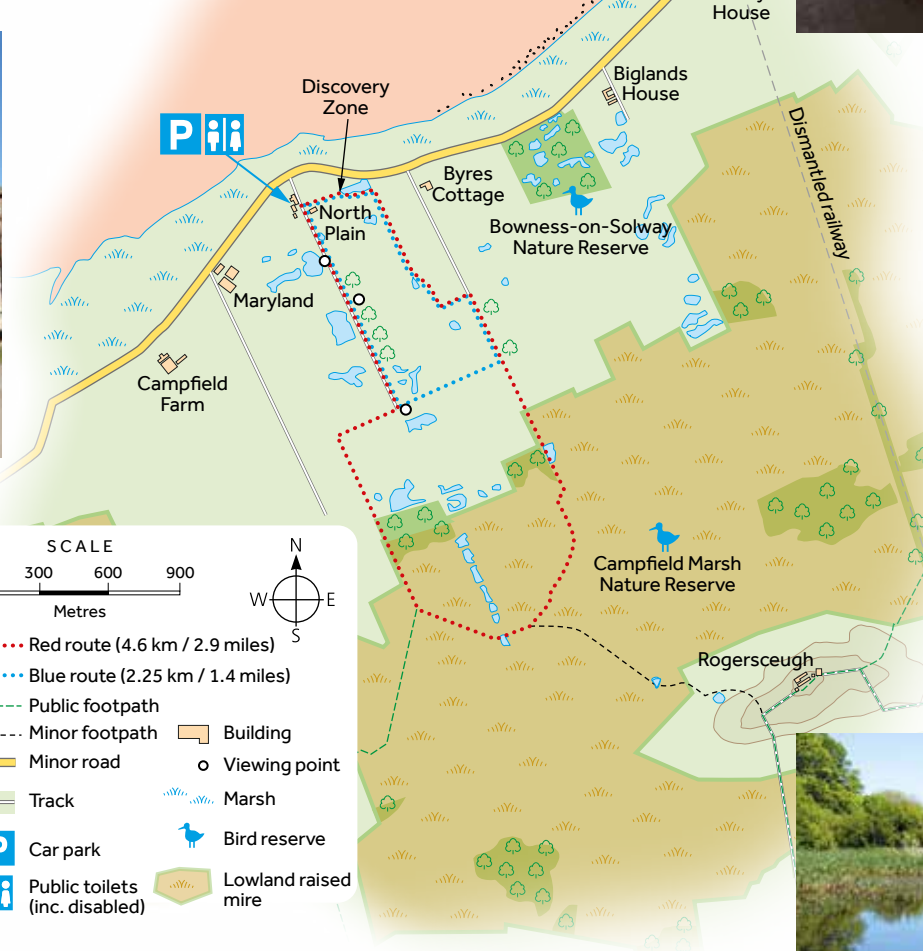


Little egret

In summer, the wet grasslands are a breeding ground for lapwings, curlew and redshank, and along the foreshore you may spot oystercatchers, wigeon, teal and shelduck.



Shelduck



There are two designated walking routes: a longer red route and a shorter blue circular route. Access to both is via a network of footpaths and boardwalks, with viewing points provided at intervals.



One of three viewing points at Campfield Marsh

It is not only birds that are attracted to this wetland paradise. Dragonflies and damselflies can be seen hovering over the water, lizards scurrying across the boardwalks, and you may even spy an adder basking in a sunny spot.



Large red damselflies



Adder

